

Aikido Dojo Gamlestaden welcomes all aikidoka,
regardless of rank or style, to a seminar with

Lewis Bernaldo de Quiros Sensei, 6th Dan

in Gothenburg, February 3rd-4th 2018



Lewis Bernaldo de Quiros trained under the late Morihiro Saito Sensei from 1986 until 1993 in the Iwama Dojo in Japan. He has been busy ever since teaching Aikido in seminars throughout Europe.

Lewis is the senior instructor of Takemusu Aikido Kyokai Nederland (TAKN) and is associated through seminar and examination activities with a network of European dojos.

Information and registration:

<http://adg-aikido.se/aktiviteter/dequiros2018>

**Δ O O AIKIDO DOJO
GAMLESTADEN**

Träningsglädje sedan 1989

adg-aikido.se